



MON

TUE

WED

THU

FRI

2



3



4



5



Workshops at local middle and high schools!

Stay up to date and check out our Instagram

6



Respect Week

SHARE ONLINE OR WITH A FRIEND

9



10



11



12



13



Movie & TV

16

Share a movie or TV show that represents what love means to you.

Love Songs

17

What song or lyric makes you feel seen and respected in your relationships?

Graphics

18

Create a graphic to share qualities that represent healthy love

Self Love

19

Share your favorite way to practice self love!

Celebrations

20

Celebrate the cultural traditions of love unique to you & your family!

Are you a good partner? Take the quiz!

23

www.loveisrespect.org/quiz/am-i-a-good-partner/

Learn about the 5 Love Languages

24

5lovelanguages.com/quizzes/love-language

Explore LoveisRespect.org!

25

Is your relationship healthy? Test it!

26

www.loveisrespect.org/quiz/is-your-relationship-healthy

Know how to help a friend? Take the quiz!

27

www.loveisrespect.org/quiz/quiz/how-would-you-help-someone-in-an-abusive-relationship/?>

FEBRUARY

2026

