



DOVE Programs

Supportive Counseling Services

617-770-4065 x300 Please leave your name and a safe number and we will return your call within 24-48 hours.

DOVE offers a range of services for survivors of dating and domestic violence. These include supportive counseling, crisis intervention, risk assessment and safety planning, support processing the impact of domestic violence, and information and assistance navigating social service systems.

Support Groups

617-770-4065 x300 Please leave your name and a safe number and we will return your call within 24-48 hours.

DOVE offers support groups where participants can increase knowledge about domestic violence, gain healthy coping skills, and make connections with other survivors. Groups are organized based on interest and availability.

Chinese Advocacy & Outreach Services

617-770-4065 x304

DOVE offers culturally-specific advocacy services to survivors in the Chinese community. Services are offered in Mandarin and English.

LGBTQ+ Advocacy & Outreach Services

Counseling Services and Support Groups

617-770-4065 x300

LGBTQ+-specific Trainings and Workshops

617-770-4065 x302

DOVE offers identity-specific counseling services which are affirming and knowledgeable about the unique challenges faced by LGBTQ+ survivors, as well as LGBTQ+-specific trainings and workshops for providers and members of the community.

Children's Services

617-770-4065 x320

DOVE offers services for children of survivors. Services include individual counseling, individual parenting support, parenting support groups, child/teen support groups and child advocacy services.

Civilian Domestic Violence Advocate Program

A DOVE Advocate is based in multiple communities in Norfolk County, specifically Braintree, Dedham, Holbrook, Milton, Norwood, Quincy, Randolph, and Weymouth. Advocates work with those experiencing domestic violence in their relationships who are identified through police reports and other referrals. They offer assistance with safety planning, emotional support, restraining orders, and a wide variety of other advocacy services. Advocates also work closely with police officers on the response to domestic violence in their communities and provide support to two District Courts on domestic violence issues.

Advocate for – Dedham and Norwood communities
– **857-939-3058**

Advocate for – Bicultural/Bilingual Haitian Creole
Advocate for – Holbrook, Milton, and Randolph communities
– **617-831-8326**

Advocate for - Braintree, Quincy and Weymouth communities
– **617-653-4226**

Legal Advocacy

617-770-4065 X400 Please leave your name and a safe number and we will return your call within 24-48 hours.

DOVE's attorneys are trained in providing trauma informed, client-centered services to survivors of domestic violence. Staff attorneys provide representation, legal advice, and information to survivors in the areas of family law, immigration law, restraining orders, and housing and benefits matters. DOVE's attorneys also provide court outreach at Norfolk Probate and Family Court and Quincy District Court.

Emergency Shelter

617-471-1234

Temporary refuge for adults and their children in a caring, confidential environment. While in shelter, survivors receive support, advocacy, case management, legal assistance, and children's services.

24-Hour Anonymous Hotline

617-471-1234

A professional team of staff provides support and crisis intervention to individuals impacted by domestic violence and to family, friends, and neighbors concerned about a loved one.

Community Outreach, Education, and Prevention

617-770-4065 x500

DOVE offers presentations, workshops, and training on a range of topics for community service providers, churches, schools, and youth programs, colleges and universities, health care providers, businesses, and civic groups. DOVE also conducts a 35-hour comprehensive training on domestic violence and related issues twice annually.

Mission Statement

Hope, healing, safety, social change. Working together to end domestic and partner violence.

Vision

A community unified in peace, justice, and equity, for the safety and well-being of every individual.

Statement of Welcome and Affirmation

DOVE welcomes refugee and immigrant survivors both documented and undocumented; people with disabilities; people who are D/deaf or hard of hearing; BIPOC (Black, Indigenous, and other People of Color); LGB, Queer, Trans, and Non-Binary individuals; people of all religion and faith beliefs; and individuals whose first language is not English. DOVE welcomes people of all identities, including those not named.

DOVE's Advocacy and Support Services are generously funded in part by: the MA Department of Public Health (DPH), Sexual and Domestic Violence Prevention and Survivor Services Division; a Victims of Crime Act (VOCA) grant from the US Department of Justice Programs, awarded by the MA Office for Victim Assistance (MOVA); and a Violence Against Women Act (VAWA) STOP grant, US Department of Justice, awarded by the MA Executive Office of Safety and Security (MA EOPSS). Further support is provided by private and family foundation grants, individuals, local business and corporations, churches and synagogues, community groups, and fundraising events. All contributions, cash and in-kind, are tax-deductible to the extent of the law.

DOVE, Inc.

P.O. Box 690267
Quincy, MA 02269

24-Hour Hotline 617-471-1234

1-888-314-DOVE (3683)

Community Advocacy & Prevention Services

617-770-4065

Fax: 617-770-2206

www.dovema.org



Printed on recycled paper



A PLACE TO BEGIN TO END DOMESTIC VIOLENCE



**24-Hour Hotline
617-471-1234**

**Toll Free Hotline
1-888-314-DOVE (3683)**

**Community Advocacy & Prevention Services
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This project was (partially) supported by the Massachusetts Office for Victim Assistance through a Victims of Crime Act of 1984 (VOCA) grant from the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice.

DOVE, Inc. (D*Omestic Violence Ended***)** is an independent nonprofit organization providing assistance to victims and survivors of domestic violence and their children.

DOVE offers a comprehensive range of services, provided in a safe and comfortable environment, designed to increase safety, promote healing, and expand knowledge and resources for those we serve. DOVE staff are highly trained and well educated on issues related to domestic violence, and work to deliver services in a survivor-centered approach with the understanding that each survivor is an individual and all decisions are deeply personal.

All client services are free and confidential.

DOVE's services may be helpful to you for a variety of reasons:

- ◆ You are experiencing abuse or wondering if your relationship is healthy.
- ◆ You want to learn more about domestic violence and whether it applies to you.
- ◆ You are a health care or social service provider seeking a consultation about a patient or client.
- ◆ You want to refer someone to our program, and/or you would like our staff to conduct a training or workshop for your organization, business, program, or group.

Do you or someone you know worry about the following:

Does my partner ever...

- ◆ Call me names?
- ◆ Put me down, or make me feel bad about myself?
- ◆ Blame me when things go wrong?
- ◆ Get jealous when I go out with friends?
- ◆ Tell me what to wear or what to do?
- ◆ Make me feel like I can't do anything right?
- ◆ Frequently accuse me of cheating on them?
- ◆ Push, hit, shove, or threaten me?
- ◆ Control my access to money?
- ◆ Threaten to harm or kill a pet, or someone I care about?
- ◆ Check up on me?
- ◆ Call or text me all the time?

If you answered yes to any of these questions, you may be in an unhealthy or unsafe relationship. **You are not alone, and support is available.**

Things to know...

- ◆ *It is never your fault!*
- ◆ Violence affects all of us. It touches people of every culture, race, class, religion, age, gender, and sexual orientation. People with disabilities, immigrants, and refugees often face additional risk.
- ◆ Alcohol and/or drugs do not cause someone to be violent. Violence is a choice.
- ◆ Physical, emotional, verbal, sexual, and financial abuse are used by one person to gain power and control over the other partner.
- ◆ Abuse does not go away over time. It usually gets worse over time.
- ◆ Children **ARE** affected when they live in a home with domestic abuse.

Could my relationship be affecting my health?

Besides the visible injuries from physical abuse, the ongoing stress of having a controlling or violent partner can affect other areas of your physical or emotional health.

- ◆ Am I depressed or anxious?
- ◆ Am I over-eating and gaining weight?
Under-eating and losing weight?
- ◆ Do I drink, smoke, or use drugs to cope?
- ◆ Do I have frequent headaches, back or abdominal pain?

People experiencing abuse are two times more likely to be in poor health. There are safe steps you can take to get help.

You have the right to be safe.

You have the right to be treated with respect.

You have the right to make decisions.

You have the right to say no.

You have the right to grow and change.

You have the right to be you.

